



# Sewing for Smiles

## "Pillowcase Dress Pattern"

### MATERIALS REQUIRED:

- One new or gently used cotton pillowcase
- 2 yards double fold bias tape
- 12" - 16" elastic, 1/4" wide  
(12"/small, 14"/medium or 16"/large size dress)
- Coordinating all-purpose thread

1. **Trip off seamed end of pillowcase.** Do not cut off the hemmed edge; this will be the hem of the dress.
2. **Cut out armholes on the cut edge of pillowcase,** using the Armhole Template Pattern as a guide.
3. **Fold edge under 1/4"** then 1/2" to make each casings at both the front and back top edges (edges containing the armholes). Edgestitch casing.
4. **Cut elastic into two equal lengths** (two of each: 6" for size small, 7" for size medium, and 8" for size large). Thread one length of elastic through each casing. Stitch elastic ends to the outer edges of the casing to prevent them from pulling out. (This gathers the front and back edges.)
5. **Cut two 36" lengths of double fold bias tape.** Center tape with armhole. (This will allow equal lengths at the top for ties at the shoulders.)
6. **Open bias tape then refold over raw cut edges of material.** (This will make an enclosed casing over cut edges of fabric.) Edgestitch bias tape.

*Options: You can add lace, one or two pockets, band of contrast, trims, appliqués, flowers or rick-rack. Use your imagination, and most of all have fun!*

*Thank you for being part of our "Sewing for Smiles" project!*

### FINISHED LENGTH OF THE DRESS:

#### SMALL

Size 3	19"
Size 4	22"
Size 5	24"

#### MEDIUM

Size 6	26"
Size 7	28"
Size 9	30"

#### LARGE

Size 10	32"
Size 11	34"
Size 12	36"

